

Montana Women's Run Cape and Tiara Award

The Montana Women's Run will celebrate those women who embody the spirit of the Montana Women's Run—women's health and fitness—by awarding one special woman the Cape and Tiara Award. The story must include how health and fitness has changed or has been a part of the nominee's life, why she is inspirational, and why the nominee should be awarded the "Cape and Tiara Award". Please keep your nomination story to 500 words or less.

Nominee's Contact Information:

Nominee's Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

Nominator's Contact Information:

Nominator's Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

Nomination Story (500 words or less):

If the following questions are not part of the nomination story, please complete the following questions:

1. *How do you know the nominee?*

Friend Family Other _____

2. *Has the nominee done the Montana Women's Run before? If so, how many years?*

Yes No How many years? _____

3. *Will the nominee be participating in the Montana Women's Run this year?*

Yes No

4. *Will the nominee be available for Pasta Night the night before the race?*

Yes No